

2018 - 2019

WBC BASKETBALL LEAGUE

GRADES 1 - 6

**Information
&
Rules**

**Westbury Baptist Church
Recreation Ministry**

713.723.6428

www.wbchouston.org

WBC BASKETBALL LEAGUE
YOUTH DIVISION RULES
GRADES 1 - 6

The game format and rules are designed to accomplish several things:

- To help players learn how to play the game of basketball
- To maximize playing time and keep games on time
- To promote good sportsmanship
- To help players build confidence and self-esteem

GENERAL INFORMATION

1. The season will consist of at least eight (8) games.
2. Alcoholic beverages are **NOT** permitted in the building or on the property.
3. Smoking is **NOT ALLOWED** in the building.
4. Profanity **WILL NOT** be tolerated from players, coaches, or spectators. One warning will be issued and any reoccurrences will result in removal from the gym.
5. Coaches are referees for games other than their own.
 - Each team must provide a referee for one game each week.

- Referees may be a coach or a parent. Each team should have 2-3 people designated as officials.
 - Referees should attend the Officials Orientation Meeting before the season begins.
6. There will be a short devotional at center court during half-time of each game. This time is for players, coaches, and spectators.

GAME FORMAT

1. Playing times
 - Grades 1-2 will play four **6-minute** quarters
 - Grades 3-4 will play four **6-minute** quarters
 - Grades 5-6 will play four **7-minute** quarters
2. Clock
 - The clock will run continuously for each quarter.
 - There will be a 2 minute break between the 1st and 2nd quarter and between the 3rd and 4th quarter.
 - There will be a 6 minute break for half-time. This time will include the half-time devotional.
3. Goal heights
 - Grades 1-2 will play on a 8-foot goal
 - Grades 3-4 will play on a 9-foot goal
 - Grades 5-6 will play on a 10-foot goal

4. Free throw distance

- Grades 1-2 15' (2nd hash mark from top)
- Grades 3-4 17'5" (Top hash mark)
- Grades 5-6 19' (Regulation line)

5. Lane Violations

- Grades 1-2 No lane violation will be called*
- Grades 3-4 5 second rule
- Grades 5-6 3 second rule

6. Pressing Rule

- Pressing is NOT allowed in the 1-2nd grade division.
- Pressing is allowed in 3-6th grade division in the last 2 minutes of the 2nd and 4th quarters if your team is behind.
- If a team ties the score or goes ahead, then they cannot press.
- If a team is up by 20 points, they may not play defense until the ball is at the top of the three point or near.

7. Home / Visitor

- The second team listed on the schedule is the home team and that team will lead in a pre-game prayer.
- Home team bench is to the right of the scores table.
- Teams will warm-up opposite of their bench.

8. Players may not wear jewelry, watches, etc. while playing. Earrings are no exception.

RULES FOR PLAY

1. Playing time
 - Each player must play a minimum 2 minutes in each half. No player is allowed to play in all 4 quarters without first sitting out for 2 minutes. Exception to this rule is having only 5 players for a game. The penalty for violation of either one of these rules will be forfeiting the game.
2. The offense should purposefully attack the defense in every situation. Stalling should not be used by a team that is ahead. After one warning the referee may call a violation that will result in a turnover.
3. Defense
 - 1st - 4th grade may only play man to man defense. Colored wristbands will be given to the 1st and 2nd grade division so they can match up easily. Coaches will be responsible for collecting them after games, washing them, and bringing them to the games.
 - The 5th & 6th grade division may play man or zone.
4. Referees will call and explain all violations. The detail of explanation should vary according to the age group of the players. Explanations will not be made as frequently as the season progresses.

5. No score will be given for a basket in the wrong goal in the 1st - 4th grade league. A basket in the wrong goal in the 5th and 6th grade league will count.
6. Bonus Rule
 - There is not a bonus rule in this league.
 - Non-shooting fouls result in the ball being taken out on the side by the offended team.
 - Shooting fouls result in free throws, except where noted in the rules.
7. Timeouts
 - Each team will have a 30 second timeout per half.
 - Officials may stop the clock if they think it is necessary for the following:
 - Injury
 - To speak to the scorer's table
 - To speak to players or coaches for an extended time
 - Any other reason determined by the officials
8. Special rules for end of half and game

The following rules will be in effect the last 2 minutes of the half and the last 2 minutes of the game:

 - Non-shooting fouls will result in the offensive team getting one point and the ball.

- Shooting fouls will result in the offensive team scoring two points and the opposing team taking possession of the ball.
- Players fouled in the act of shooting and making the basket are credited with the basket plus one point. The opposing team then takes possession.

9. When possible, referees will try to help players by advising them of potential violations before they occur.

10. Special free throw scoring

The following rule applies only to grades 1–4:

- At the end of each half, each player will shoot one free throw to earn a point for the team.
- A team with fewer players will pick players to shoot twice so they will receive the same number of free throws as the other team.

Example:	Team A	9 players
	Team B	7 players

2 players on Team B shoot twice.

Any player shooting twice at the end of the 1st half may not shoot twice at the end of the game.

MISCELLANEOUS

Fan Behavior

- Parents and/or spectators are expected to exhibit good sportsmanship while watching the games.
- Any person determined to be heckling the players, coaches, or officials, may be asked to leave the gymnasium.
- Any criticism of the officials in a game is seen as disrespectful and not setting a positive example for the children.
- Any criticisms of the officials, coaches, or players should be directed to the League Coordinator following the game or during the week.

WBC Facility Rules

- Please do not leave empty drink cups or food behind.
- Players may not bounce balls in the hallways or in the track upstairs.
- Younger siblings of the players must be under the supervision of an adult at all times.

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